EFFECTS OF NUTRITION ON THE ACADEMIC PERFORMANCE OF PRESCHOOL CHILDREN IN RANEN ZONE, AWENDO DIVISION, RONGO DISTRICT

BY

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A RESEARCH PROJECT REPORT IN FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF BACHELOR OF EDUCATION EARLY CHILDHOOD TO THE DEPARTMENT OF EDUCATIONAL COMMUNICATION AND TECHNOLOGY, UNIVERSITY OF NAIROBI

AUGUST, 2009
DECLARATION

This research work is my original work and has not been presented to any other university for any academic award.

Signature ........................................... Date ...........................................
Name: KEPHA OCHIENG

The research project report has been submitted for examination with my approval as the University Supervisor.

Signature ........................................... Date ...........................................
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ABSTRACT
The area under study consisted of sixteen public schools and four private schools. In order to obtain the sample population, random sampling was done. The target population comprised of six (6) public primary school and two (2) private schools.

The objectives of the research were clearly outlined and majorly describing the relationship between nutrition and academic performance.

The sample enhanced easy management of data as a representative of the entire zone and to draw a general conclusion about the situation from the facts discovered. The study adopted survey method to investigate the effects of nutrition on the academic performance of pre-school children. The research instruments used were questionnaires, interviews, and observations. To carry out the study, the researcher used a purpose descriptive survey design.

From the findings made, it was clearly evident that nutrition influences the academic performance of pre-school children. Parents, teachers, government agencies and other non-governmental organizations (NGOs) should work in partnership so that proper healthcare and nutritional intake among young children becomes an issue of concern.