

**EFFECTS OF NUTRITIONS ON THE ACADEMIC PERFORMANCE OF PRE
- SCHOOL CHILDREN IN NYAGACHI ZONE, NYAMIRA DIVIISION
NYAMIRA DISTRICT**

**BY
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**A RESEARCH PROJECT REPORT IN FULFILMENT OF THE
REQUIREMENTS FOR THE DEGREE OF BACHELOR OF EDUCATION
EARLY CHILDHOOD TO THE DEPARTMENTS OF EDUCATION
COMMUNICATION AND TECHNOLOGY, UNIVERSITY OF NAIROBI**

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DECLARATION

This research work is my original work and has not been presented to any other university for any academic award

Okobo Charles E45/8451/2005

Signed.....

Date..13/09/2010.....

This Research project report has been submitted for examination with my approval at the University supervisor

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University of Nairobi

Signed.....

Date.....13/09/2010.....

ABSTRACT

The area under study consists of sixteen public schools and four private schools. In order to obtain the sample population, random sampling was done. The target population comprised of six (6) public primary schools and two (2) private schools. The objectives of the research were clearly outlined and majorly describing the relationship between nutrition and academic performance. The sample enhanced easy management of data as a representative of the entire zone and to draw a general conclusion about the situation from the facts discovered. The study adopted survey method to investigate the effects of nutrition on the academic performance of pre-school children. The research instruments used were questionnaires, interview and observations. To carry out the study, the researcher used a purpose descriptive survey design.

From the findings made, it was clearly evident that nutrition influence, the academic performance of pre-school children, parents, teachers, government agencies and other non - governmental organizations. (NGOs) should work in partnership so that proper health care and nutritional intake among young children becomes an issue of concern.