

**A STUDY ON PHYSICAL PLAY ACTIVITIES AND SKILL LEARNING OF
PRESCHOOL CHILDREN IN RIRUTA ZONE, DAGORETTI DISTRICT IN NAIROBI
COUNTY**

BY

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DECLARATION

I hereby declare that this project is my original work and has not been presented to any college for any academic award. No duplication of this work should be done without the permission of the author.



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REG No: E122/12608/2009



Date

This research project has been presented with my approval as the University supervisor.



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ABSTRACT

This study was tailored to describe physical play activities and skill learning of preschool children in Riruta Zone in Dagoretti District in Nairobi County. Guided by four objectives the study sought to assess types of physical play, use of physical play in teaching, availability of physical play materials and time allocated for physical play activities on skill learning of preschool children in Riruta Zone of Dagoretti District in Nairobi County. The design adopted for this study was descriptive survey design which facilitated targeting of 47 preschool parents, 53 preschool children and 2 teachers that were sampled by use of purposive and simple random sampling to obtain 82 respondents comprising of 2 teachers, 40 children and 40 parents. The researcher used various instruments to collect data from respondents which included questionnaires for teachers, interviews schedules for parents and children and observation checklists for children. Collected data was analyzed by use of simple statistical measures like mean, and percentages. It was then presented in form of tables and graphs. It was observed that physical play enhances skill learning of preschool children. From the findings of the study, a school such as Kenya Science Campus Nursery School with available, more variety of play activities integrated in learning of other activities and allocated more time tends to obtain more learning of skills than Jamhuri Primary Pre-unit school with unavailable, less variety of play activities that are not integrated in learning of other learning activities with less time allocation. This study recommended that there is need to use more of play activities to enhance learning of skills in preschool children.