

**SCHOOL FEEDING PROGRAMME AND ITS INFLUENCE ON THE PRE-
SCHOOL CHILDREN ACADEMIC PERFORMANCE IN KAPLONG ZONE
BOMET COUNTY.**

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A research project submitted in partial fulfilment of the requirement for the award of the degree of Bachelor of Education Early Childhood Education Department of educational communication and technology

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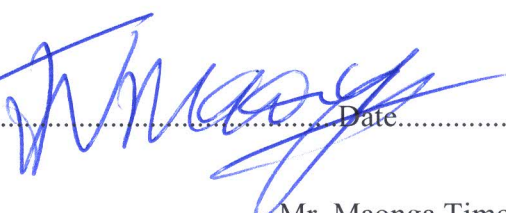
DECLARATION

This project is my original work and has not been presented in any university for the award of any type of academic degree. Source of information other than mine have been acknowledged and a reference list has been appended.

Date ...15/06/2014..... Signature ........

Kirui K. Barnabas.

This research has been submitted for examination with our approval as university supervisor

Signature ........ Date ...16/6/2014.....

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ABSTRACT

This study sought to establish the relationship between the school feeding programme and the pre-school academic performance. It tried to find out whether the quantity, quality and frequency of food provided to the pre-school children influence the educational outcomes of the pre-school children.

This study was carried out in pre-schools that provide school feeding programme in Kaplong Zone. The study employed survey research design whereby both the qualitative and quantitative approaches were applied. Simple random sampling was employed to select participants in the research. The instruments used were observation, questionnaire and documentary guide in data collection.

The study found out that feeding programme plays a critical role in the pre-school academic performance. School feeding programme with balanced diet were found to impact positively the academic performance. Pre-school children fed with adequate balanced diet and provided three times in a day performed far much better as compared to the children who are fed once with inadequate and unbalanced diet.